Published on Research on Expecting moms and Sleep Therapy (REST) Study (https://rest.ucsf.edu)

Home > In the News

In the News

Read about recent research in the news!

New York Times, Sleep problems in pregnancy tied to premature births [1] (Aug 8, 2017) San Francisco Chronicle, UCSF study links sleep disorders among pregnant women to premature births [2] (Aug 8, 2017)

Reuters, Sleep disorders in pregnancy linked to preterm birth [3] (August 8, 2017)

BBC World Service Health Check, Sleep disorders link to premature birth [4] (Aug 17, 2017)

Nature, Insomnia linked to premature birth in study of 3 million mothers [5] (Aug 8, 2017)

Contact Us
UCSF Main Site

© 2016 The Regents of the University of California

Source URL: https://rest.ucsf.edu/news

Links

- [1] https://www.nytimes.com/2017/08/08/well/family/sleep-problems-in-pregnancy-tied-to-premature-births.html? r=0
- [2] http://www.sfchronicle.com/health/article/UCSF-study-links-sleep-disorders-among-pregnant-11743046.php
- [3] http://www.reuters.com/article/us-health-pregnancy-sleep-preterm/sleep-disorders-in-pregnancy-linked-to-preterm-birth-idUSKBN1AO2G3
- [4] http://www.bbc.co.uk/programmes/w3csty7j
- [5] http://www.nature.com/news/insomnia-linked-to-premature-birth-in-study-of-3-million-mothers-1.22419